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**CHANGE MANAGEMENT STRATEGIES AND THE  
ORGANIZATION PERFORMANCE OF INSURANCE FIRMS IN  
KENYA**

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**ABSTRACT**

**Purpose of the Study:** This study aims to delve into the influence of change management strategies on the performance of insurance firms in Kenya, a sector undergoing rapid transformations driven by technological advancements, regulatory shifts, and evolving market dynamics.

**Research Design:** The study examines the impact of change management strategies, including administrative reforms, regulatory compliance, and technological adoption, on organizational performance indicators such as leadership effectiveness, employee competency, and financial efficiency.

**Findings:** The findings of the study highlight a significant correlation between the implementation of comprehensive change management strategies and enhanced organizational outcomes. Specifically, the study found that insurance firms in Kenya that adopted effective change management strategies experienced improved leadership effectiveness, heightened employee competency, and increased financial efficiency.

**Conclusion:** The study concludes that to thrive amidst evolving industry standards and economic conditions, insurance firms in Kenya must adopt a strategic approach to change management. Embracing comprehensive change management strategies is crucial for bolstering organizational performance in the dynamic insurance sector.

**Keywords:** *Change Management, Strategies, Organization, Performance, Insurance Firms*

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## INTRODUCTION

Within the dynamic business landscape of Kenya, the insurance sector stands as a pivotal arena for exploring the intricate relationship between change management strategies and organizational performance. Serving as a cornerstone of the nation's financial framework, this sector confronts a multitude of challenges and opportunities propelled by technological advancements, regulatory shifts, and evolving consumer behaviors. In response to these dynamics, adept change management strategies become imperative to ensure organizational resilience and sustained growth. The significance of this study lies in its focus on unraveling how precisely implemented change management strategies can exert a substantial influence on the performance metrics of insurance firms within this vibrant economic context.

At the heart of this study lies the concept of Change Management Strategies, serving as the independent variable. These strategies encompass a broad spectrum of practices, including administrative reforms, regulatory compliance, and technological integration. Administrative reforms target operational optimization and the cultivation of a change-friendly organizational culture. Regulatory adherence involves aligning organizational practices with statutory requirements, crucial for maintaining credibility and legal compliance within the insurance domain. Technological adoption refers to leveraging digital advancements to bolster efficiency, customer service, and competitive advantage. The efficacy of these change management strategies plays a pivotal role in navigating complexities and seizing opportunities within the Kenyan insurance market. On the other hand, Organizational Performance serves as the dependent variable, evaluated through various dimensions such as leadership effectiveness, training impact, and cost management efficiencies. These performance indicators are instrumental in gauging an organization's market positioning, growth trajectory, and overall financial well-being. The study posits that a robust framework for implementing change management strategies can significantly influence these performance dimensions, thereby driving organizational success in a competitive landscape.

The intersection of change management strategies and organizational performance within the Kenyan insurance sector presents a multifaceted research inquiry: how do change management strategies directly shape organizational outcomes? Against the backdrop of technological evolution, regulatory pressures, and economic fluctuations, this question gains heightened

relevance, guiding the trajectory of our research. Employing a mixed-method approach, this study aims to offer a nuanced understanding of change management's role in sculpting the performance of insurance firms in Kenya. Beyond contributing to the strategic management discourse, this investigation offers practical insights for industry practitioners grappling with the complexities of the contemporary business environment. Through this scholarly inquiry, the study endeavors to illuminate pathways for insurance firms in Kenya and similar contexts to harness change management strategies for enhanced organizational performance.

### **STATEMENT OF THE PROBLEM**

In today's fast-paced business environment, organizations face a slew of challenges resulting from technological advancements, regulatory changes, and shifting economic trends. Failure to adapt to these changes can lead to revenue stagnation and negatively impact overall organizational performance (Miller, 2020). Jouany and Martic (2022) emphasize that organizations that fail to capitalize on growth opportunities through effective change management risk being outperformed by more agile competitors. However, managing change within an organization presents significant challenges. Many managers struggle to identify the key drivers of transformation initiatives. While soft issues such as culture, leadership, and motivation have often received attention, addressing these aspects alone may not be enough to achieve project transformation (Sirkin, 2024). Employees are unwilling to adapt to new paradigms, posing a significant barrier to change (Olmsted, 2024). This resistance, whether overt or subtle, can reduce morale, efficiency, and, ultimately, organizational performance (Alibaba & Alibaba, 2020).

To address these challenges, it is critical to develop a strong framework for implementing change management strategies that can improve organizational performance dimensions. Effective communication from management to employees, incentive schemes, and the appointment of change champions are identified as key strategies (CommenceCRM, 2020). Furthermore, adopting digital transformation, agile practices, and human-centered change management approaches are cited as critical steps towards overcoming change management challenges in an increasingly tech-driven landscape (Bissessar, 2023). Despite the critical importance of change management, there are few studies that investigate its effects on insurance industry performance. This research gap highlights the need for additional research to supplement current literature. To address this gap, this study will investigate various change management strategies and their impact on the

organizational performance of Kenyan insurance firms. This study uses empirical research to shed light on effective approaches to managing change in the insurance sector, contributing to both academic knowledge and practical insights for industry practitioners.

### **OBJECTIVES OF THE STUDY**

The purpose of the study was to establish the influence of change management strategies on the organizational performance of insurance firms in Kenya. Specific objectives include;

- i. To find out the change management strategies used by insurance firms in Kenya.
- ii. To assess the organizational performance of insurance firms in Kenya.
- iii. To establish the effect of change management strategies on the organizational performance of insurance firms in Kenya.

### **THEORETICAL FRAMEWORK**

Change management is a multifaceted field enriched by contributions from various scholars, with several prominent change management models shaping our understanding of organizational transformation. Two notable models include Lewin's three-step model and the Open Systems Theory, each offering valuable insights into the dynamics of change within organizations.

#### **Lewin's Three-Step Model**

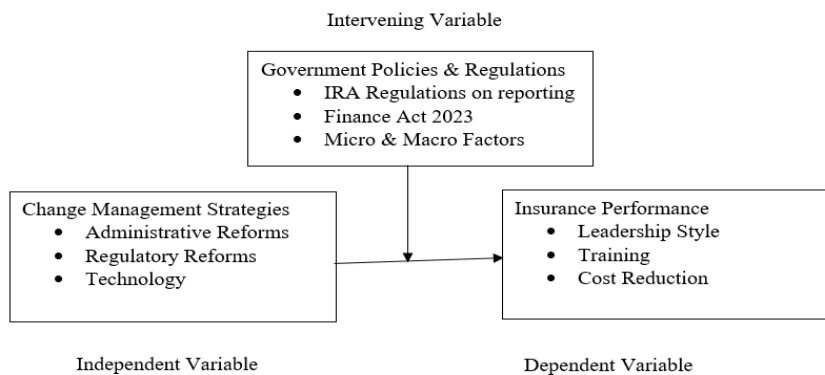
Kurt Lewin, a pioneering figure in change management theory, introduced the three-step model in 1947 to evaluate the change process within organizational environments and facilitate effective transformation. Central to Lewin's model is the recognition that group behavior plays a crucial role in shaping individual responses to proposed changes. Accordingly, when initiating change, it is imperative to consider the group environment, or "field." The model posits three stages of change: unfreezing, changing, and refreezing. During the unfreezing stage, management focuses on fostering employee readiness for change. Effective and transparent communication is essential to ensure organizational goals are clearly articulated, fostering a shared understanding and appreciation of the need for change among all employees (Lewin, 1951). Once consensus is achieved regarding the necessity for change, management proceeds to implement the change during the changing stage. The final step, refreezing, involves sustaining the change by realigning organizational goals and processes with the new change strategy.

However, it is noteworthy that Lewin's model assumes organizational stability, which may not accurately reflect the rapidly evolving business landscape of today. Critics, such as Basher (2002), contend that the refreezing step lacks the adaptability needed to thrive in the current volatile corporate environment. Nonetheless, given that most changes in the insurance industry are planned, Lewin's model remains applicable to the research context.

### Open Systems Theory

Open Systems Theory posits that organizations are influenced by their external environment, which provides essential resources crucial for organizational sustainability (Bastedo, 2004). According to Katz and Kahn (1966), organizations are viewed as social systems reliant on their external environment for inputs. Within organizations, Open Systems Theory allows for recurring cycles of input, transformation (throughputs), output, and fresh input. One limitation of Open Systems Theory is that it increases an organization's dependence on external factors while potentially diminishing its autonomy (Daft, 2001). Nevertheless, this theory was adopted for the study, as insurance firms are considered open systems deeply influenced by the environments in which they operate. Therefore, these theoretical frameworks provide valuable lenses through which to analyze the dynamics of change within organizations, guiding our exploration of change management strategies and their impact on organizational performance within the context of the Kenyan insurance industry.

### CONCEPTUAL FRAMEWORK



Source: (Kamau, 2024)

Figure 1.1: Conceptual framework

## **EMPIRICAL LITERATURE**

The empirical literature review delves into the dynamic landscape of the Kenyan insurance sector, focusing on the intricate interplay between organizational change initiatives and performance outcomes. Through a critical analysis, recent research studies are synthesized to illuminate the multifaceted nature of change management strategies and their implications for organizational success within the industry. A variety of studies have illuminated the diverse array of change management strategies adopted by Kenyan insurance firms. For instance, Mwangi and Njeru (2023) conducted a qualitative exploration into the administrative reforms implemented by companies like ABC Insurance Company, showcasing how such reforms streamline processes and instigate cultural transformations within organizations. Similarly, regulatory reforms have emerged as a focal point in the adaptation efforts of insurance firms, as evidenced by the qualitative exploration conducted by Odhiambo and Gitau (2022). Their findings underscore the challenges and opportunities presented by regulatory changes, prompting firms to innovate and adapt to evolving industry standards. Further, technological innovations have significantly reshaped the landscape of the insurance sector, as highlighted in the study by Kamau et al. (2021). From the integration of AI and blockchain technologies to the proliferation of digital platforms, technological advancements have revolutionized business processes and enhanced customer experiences within the industry.

A crucial aspect of the discourse on change management is its impact on organizational performance. Recent empirical studies have delved into various facets of performance enhancement within Kenyan insurance firms. Njeru and Mutisya (2024) provide insights into the correlation between change management and leadership effectiveness, emphasizing the pivotal role of transformational leadership in driving organizational performance during times of change. Moreover, empirical evidence from Kimani and Gicharu (2023) underscores the significance of training interventions in bolstering employee performance and skill development within insurance firms. Additionally, Kiptoo et al. (2022) shed light on the nexus between cost management strategies and financial performance, highlighting the importance of lean management and operational efficiency in enhancing profitability and sustainability. Amidst the backdrop of organizational change, external factors such as government policies play a crucial role in shaping organizational outcomes. Nyambura and Muthoni (2023) delve into the impact of inflationary

pressures on organizational performance within the Kenyan insurance sector. Their findings underscore the challenges posed by inflation on operational costs, pricing strategies, and overall financial performance, highlighting the need for organizations to adapt and innovate in response to external economic dynamics.

While recent empirical studies provide valuable insights into the complex dynamics of change management and organizational performance within the Kenyan insurance sector, notable gaps in the literature persist. Despite the richness of qualitative explorations, there remains a dearth of comprehensive quantitative analyses that could offer deeper insights into the causal relationships between change management strategies and performance outcomes. Additionally, there is a pressing need for more longitudinal studies to capture the dynamics of change over time and assess the long-term impacts of different change initiatives on organizational success. To address these gaps, this review adopts a mixed-methods approach, integrating qualitative and quantitative analyses to provide a comprehensive understanding of the mechanisms driving organizational change and success in the Kenyan insurance sector. By synthesizing diverse perspectives and methodologies, this study aims to contribute to the advancement of knowledge in the field and offer practical insights for insurance practitioners and policymakers alike.

## **METHODOLOGY**

The study employed a desktop research design, eschewing the collection of primary data through surveys or fieldwork. Instead, desk research, also known as secondary research or library research, involved gathering information and insights by evaluating and synthesizing existing data and sources. This method was chosen for its cost-effectiveness, time efficiency, and the high accessibility of information offered by relevant online resources and databases. Data for this study was primarily sourced from the online platforms of the Insurance Regulatory Authority (IRA), selected Kenyan-based insurance company websites, and reviews of academic journal papers focusing on similar areas of study, enabling the collection of pertinent data and insights related to the study topic (Kihara & Mutabari, 2017). This research design has been widely utilized in numerous academic journal papers listed on credible Kenyan universities' websites. To ensure the reliability, consistency, and credibility of the information utilized, the Insurance Regulatory Authority (IRA) was relied upon as a statutory government agency established under an act of parliament, tasked with regulating, supervising, and developing the insurance industry in Kenya.



## **STUDY FINDINGS**

Our research commenced by examining the change management strategies employed by insurance firms in Kenya. It became apparent that governance and administrative reforms serve as linchpins for enhancing operational efficiency within these organizations. These reforms mitigate risks such as wastage and bureaucratic inefficiencies, thereby crucially improving the public image and trustworthiness of these entities. Additionally, the adoption of regulatory compliance strategies plays a pivotal role in ensuring operational legality and bolstering market competitiveness. Firms adept at navigating regulatory changes experience fewer legal complications and enjoy enhanced stakeholder relations as a result. The second objective of our study involved assessing the organizational performance of insurance firms. The findings underscore the pivotal role of technological integration as an enabler of strategic change. Companies that effectively leverage technology are better equipped to swiftly respond to market demands and operational challenges, thereby maintaining a competitive edge in the rapidly evolving insurance sector. This technological adeptness directly influences organizational performance by enhancing efficiency and augmenting customer service capabilities. Finally, our study delved into the impact of change management strategies on organizational performance. Leadership and training emerged as critical determinants of success. A leadership style adaptable to change significantly influences the efficacy of change initiatives. Moreover, corporate training programs are indispensable for supporting effective change, equipping employees with the requisite skills to navigate transitions competently. The effectiveness of these change management strategies is evident in the form of improved operational efficiencies, enhanced employee performance, and overall organizational resilience.

## **CONCLUSIONS AND RECOMMENDATIONS**

Drawing upon the findings, this research unequivocally establishes a direct correlation between effective change management strategies and enhanced organizational performance within Kenyan insurance firms. To further optimize the efficacy of these strategies, the study advocates for: enhanced training and development programs to equip employees with the latest skills and foster adaptability; proactive regulatory compliance to ensure seamless operations and mitigate legal risks; strategic technological adoption aligned with the firm's objectives for operational efficiency and elevated customer service standards; nurturing leadership capabilities across all levels to



effectively manage and inspire teams through change; and establishing transparent communication channels to keep employees informed and actively engaged in the change process, fostering heightened commitment while mitigating resistance. By implementing these recommended strategies amalgamating administrative and regulatory reforms, technological integration, robust leadership and training initiatives, insurance firms can foster a culture of adaptability and resilience, positioning themselves for sustained success amidst the ever-evolving business landscape.

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